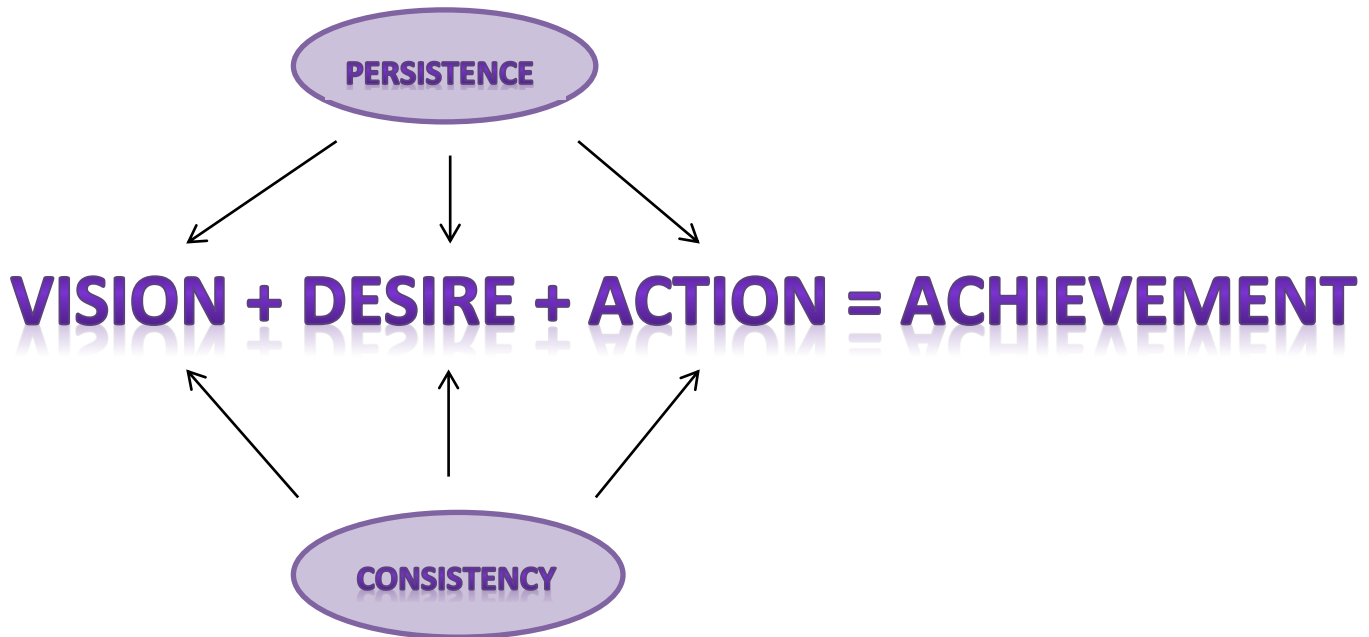


# Dare to Dream Formula

“Dare to dream, and dare to act on your dream.” –Yogani



## The Elements in the Equation

**Vision:** an image of the future; a mental picture of how life could be—based on abstract qualities, or essences, which crystallize to form tangible details as the dream unfolds

**Desire:** an emotional stirring from the inside to experience more; the prime ingredient of progress in all aspects of life, spiritual or otherwise

**Action:** a movement occurring within the boundless field of Being; a shift from stagnation to animation as a result of a conscious impulse, deliberate choice, or preexisting, vibrational direction

**Achievement:** when potential becomes actual, when dream becomes reality, when effort has reached its goal

## Underlying Qualities on the Left Side

**Persistence:** doing a particular task over and over again

- ❖ Persistent Vision
- ❖ Persistent Desire
- ❖ Persistent Action

**Consistency:** doing a particular task in the same style or fashion

- ❖ Consistent Vision
- ❖ Consistent Desire
- ❖ Consistent Action

# Dare to Dream Worksheet

Below is a categorical series of questions to explore how the **Dare to Dream Formula** can be applied to personal and collective enlightenment. This questionnaire is an exercise in devotion, self-inquiry, stillness in action, and most importantly, an outpouring of divine love. This template makes broad strokes in order to leave plenty of room for each individual to discover the truth within their respective path. There is no need to answer every question, and answers can change and refine with time. Nothing is set in stone.

Our past provides momentum; our future is wide open; our stillness, and the flow of our stillness, pervades all conditions and boundaries within the Here Now.

What is my **VISION** within the context of:

Personal Body and Mind?  
Family?  
Community?  
The World and Cosmos?

Career/Vocation?  
Service?  
Leisure/Entertainment?  
Enlightenment?

What does my **DESIRE** feel like in these realms of Being:

Personal Body and Mind?  
Family?  
Community?  
The World and Cosmos?

Career/Vocation?  
Service?  
Leisure/Entertainment?  
Enlightenment?

What **ACTION** am I currently taking, and/or what can I do in the future, to enrich these aspects of Life:

Personal Body and Mind?  
Family?  
Community?  
The World and Cosmos?

Career/Vocation?  
Service?  
Leisure/Entertainment?  
Enlightenment?

How am I currently applying, and/or how can I further apply, **PERSISTENCE** and **CONSISTENCY** to:

Personal Body and Mind?  
Family?  
Community?  
The World and Cosmos?

Career/Vocation?  
Service?  
Leisure/Entertainment?  
Enlightenment?

What **ACHIEVEMENT** can I observe in the past, present, and future—pertaining to:

Personal Body and Mind?  
Family?  
Community?  
The World and Cosmos?

Career/Vocation?  
Service?  
Leisure/Entertainment?  
Enlightenment?